X-
CLOTHES: DRESS MADE FROM SHIRTS


## MATERIALS REQUIRED

Two shirts, scissors, pins, thread, and a needle.

## DEGREE OF DIFFICULTY

High.

## APPROXIMATE TIME REQUIRED

4 hours.

## LEARNING GOALS

Transform two T-shirts into a dress.

## ABILITIES DEVELOPED

Attention, determination, fine handling, accuracy, hand-eye dexterity, creativity.

## STEP-BY-STEP INSTRUCTIONS

1. Cut the shirt that is going to become bodice (the upper portion of the dress) more or less by its hip. If you want your dress to be perfect for the summer, cut the sleeves as well.

2. Now you are going to work on the shirt that you will pace in the lower part of the dress, the one that will form the skirt. Cut the upper part off (from the armpits till the shoulders). Do not cut the pockets; they will look great on the dress.

3. Pin the two parts together. Make sure to align both the button lines.
4. Baste the joint in order to sew it easily and you will be able to take off the pins.

5. Sew it with the sewing machine. If you want you dress to be tight-fitting, you can make a shirring; which will also help you if yours shirts are from a different size.


## TIPS

You can match shirts with different prints and you will get an original and attractive design. Another possible option is using two shirts of different shades of the same, in order to get a uniform design.

